



CBNA ATHLETICS

All athletes must have a current physical exam performed on or after **June 1, 2019** of the current academic calendar prior to their respective sport

Baseline ImPACT testing:

To maintain baseline testing integrity, tests need to be performed under knowledgeable supervision at Coe-Brown.

Meet in CBNA library (main building)

- Thursday, August 8th 5-7pm
or
- Friday, August 16th 3-5pm

Contact Karen Carey,
Athletic Trainer with questions:
kcarey@coebrown.org

*test needs to be re-done every 2 years and takes approx. 30 minutes to complete

www.impacttest.com

CBNA ATHLETICS

907 First NH Turnpike
Northwood, NH 03261

Main office: 603.942.5531
Fax: 603.942.7537

Summer 2019 Sports Physicals

Yearly physical exams are best done by your primary care provider due to their knowledge of your health history and vaccination record. The clinics listed below offer reduce cost examinations in the summer to verify ability to participate in strenuous athletic activities throughout the school year.



Access Sports Medicine & Orthopaedics offers examinations on the following dates at the specified office from 5:00pm—7:00pm for \$5. No appointment necessary.

Any questions? contact:
(603)775-7575
www.AccessSportsMed.com

- Monday, July 22nd – Portsmouth
- Monday, July 29th - Raymond
- Monday, August 5th - Exeter
- Monday, August 12th - Dover

- ♦ Wear t-shirt and shorts for examinations and bring completed health history portion of physical exam (front page)
- ♦ Athletes under 18 years old need to be accompanied by Parent/Guardian

Please submit a copy of exam paperwork to Coe-Brown **as soon as possible** by mail, fax or drop-off at main office.

Physical Examination and ImPACT testing need to be complete and submitted prior to athletic participation; Fall Sports begin on August 19th.